



The **IGP** Wellness Medical

IGP firmly believe that understanding as much about your health as possible is key to living a healthier, happier and longer life. We are extremely proud to have partnered with Randox Health, to develop **The IGP Wellness Medical**, our most comprehensive Wellness Medical ever. It is a product that provides an unrivalled level of detail and analysis on your current health, coupled with bespoke individual guidance to managing and improving your health and wellbeing.

- ✓ Practice Nurse appointment to take vital observation's, lung function & ECG (60 mins)
- ✓ Comprehensive physical examination with an IGP GP (60 mins)
- ✓ Randox laboratories patented technology 120 point blood test
- ✓ Cardiologist ECG heart health report
- ✓ Detailed findings report with full breakdown of all tests (including explanations of tests and comparison of results to healthy range)
- ✓ Findings and recommendations appointment with a GP experienced in lifestyle medicine (45 mins)

Why Have The IGP Wellness Medical?

The IGP Wellness Medical enables detection of the earliest indicators and risk factors of disease and illness, giving you the tools to be proactive about your health. IGP will help you understand your results and provide you with the knowledge and motivation to improve your health and reduce your risk of future disease.

Who Are Randox Health?

Randox Health is a global leader in healthcare diagnostics with 5% of the world's population - in excess of 370 million people across 145 countries receiving medical diagnosis using Randox products each year. Their screening provides the world's most comprehensive full-body health check packages on the market today, with patented technology enabling 100's of individual tests to be carried out from one visit, giving truly unparalleled knowledge about a patient's health now and in the future.



What exactly is included?

QUESTIONNAIRES	
Lifestyle & Heart Risk Questionnaire	✓
NURSE LED EXAMINATION (60 MINS)	
Height	✓
Weight	✓
Body Mass Index (BMI)	✓
Waist Circumference	✓
Hip Circumference	✓
Waist/Hip Ratio	✓
Pulse	✓
Systolic Blood Pressure	✓
Diastolic Blood Pressure	✓
ECG	✓
Lung Function	✓
GP LED PHYSICAL EXAMINATION (60 MINS)	
Heart Examination	✓
Lung Examination	✓
Abdominal Examination	✓
Ear & Throat Examination	✓
Musculoskeletal Examination	✓
Breast Exam & Breast Cancer Awareness	✓ f
Testicular Exam & Testicular Cancer Awareness	✓ m
Prostate Examination	✓ m
PATHOLOGY	
Full Blood Count	✓
Heart Health	✓
Diabetes Health	✓
Kidney Health	✓
Urinalysis	✓
Liver Health	✓
Pancreatic Health	✓
Bone Health	✓
Iron Status	✓
Thyroid Health	✓
Nutritional Health	✓
Muscle & Joint Health	✓
Metabolic Syndrome	✓
Infection & Inflammation	✓
Digestive Health	✓
Female Hormonal Health	✓ f
Male Hormonal Health	✓ m
Allergy Evaluation	✓
Tumour Markers	✓
ECG	
12 Lead Resting ECG (reviewed & reported by Cardiologist)	✓
FINDINGS (45 MINS)	
In Clinic or Remote Findings & Recommendations Appointment (45 mins)	✓



Completing An IGP Wellness Medical

1 - Initial Consultation

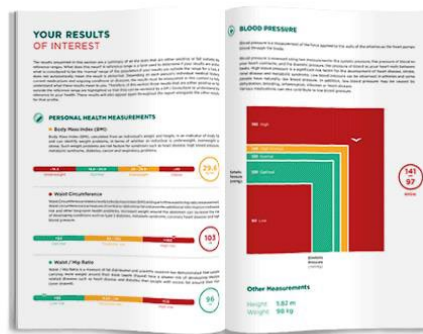
An initial appointment will be undertaken with an IGP Nurse and then Doctor, to undertake the required health measurements, tests, pathology and carry out a comprehensive physical examination.

2 - The Testing

In-depth health analysis and diagnostic reports will be completed and collated.

3 - The Results

You will receive a detailed results report that includes detailed explanations of the results with comparisons against normal healthy ranges. These will be provided as an electronic pdf delivered via our secure patient portal.



4 - Follow Up Consultation

A follow up appointment will be made when the results are available with an IGP General Practitioner. This will be to discuss your results and/or help plan your way forward to manage and improve your health and wellbeing.



How much is the iGP Wellness Medical?

The Total cost of the IGP Wellness Medical is **£999**. This includes the GP and nurse appointments and all the indicated tests as listed at the bottom of this document. Additional bolt-on tests are also available and can be found in the table below.

ADDITIONAL BOLT-ON TESTS AVAILABLE	£
STI Complete (complete screen of Randox's entire 14 pathogen STI portfolio)	299.00
STI 10 Plex (10 viral, bacterial and protozoan STIs)	249.00
STI C&G (two of the most common STIs; Chlamydia trachomatis and Neisseria gonorrhoeae)	199.00
HIV Test	36.50
'ALEX' Allergy Test	399.00
HPV Smear (+ PAPT If Positive)	189.00
HPV Smear + PAPT (Includes PAPT)	289.00
Echocardiogram with Cardiologist	595.00

Corporate Health Assessments

Our IGP Wellness Medical is also available to employers and employees who want to reduce the risk of losing a critical member of the team through ill health or even premature death. You can tailor the medical if required and it can be introduced as a benefit to employees, promoting a healthy working environment, whilst also protecting the interests of the business. Discounts may be available for volume bookings.

How to book?

- Call us on 03456 252 252 and our dedicated bookings teams will be able to assist.
- Email enquiries@theigp.co.uk and we can arrange your medical via email or call you back at your convenience.

The IGP Wellness Medical - Pathology Tests

PATHOLOGY	
Total Number of Tests	121
FULL BLOOD COUNT	
Haemoglobin	✓
Haematocrit	✓
Mean Cell Haemoglobin	✓
Mean Cell Haemoglobin Concentration (MCHC)	✓
Mean Cell Volume	✓
Red Blood Cell Count	✓
Basophil Count	✓
Lymphocyte Count	✓
Eosinophil Count	✓
Monocyte Count	✓
Neutrophil Count	✓
White Blood Cell Count	✓
Platelet Count	✓
LIVER HEALTH	
Liver Health	✓
Alkaline Phosphatase	✓
Alanine Aminotransferase	✓
Aspartate Transferase	✓
Gamma-glutamyl Transferase	✓
Total Bilirubin	✓
Albumin	✓
HEART HEALTH	
Total Cholesterol	✓
LDL Cholesterol	✓
HDL Cholesterol	✓
Total Cholesterol/HDL	✓
Cholesterol Ratio	✓
Small LDL Cholesterol	✓
Triglycerides	✓
High Sensitivity C-Reactive Protein	✓
Apolipoprotein A-I	✓
Apolipoprotein B	✓
Apolipoprotein B / A-I Ratio	✓
Apolipoprotein CII	✓
Apolipoprotein CIII	✓
Apolipoprotein E	✓
Cardiovascular Risk Score	✓
Lipoprotein (a)	✓
DIABETES HEALTH	
Glucose	✓
HbA1c	✓
Insulin	✓
C-Peptide	✓

KIDNEY HEALTH	
Creatinine	✓
eGFR	✓
Chloride	✓
Potassium*	✓
Phosphate	✓
Sodium	✓
Urea	✓
Cystatin C	✓
Magnesium	✓
Uric Acid	✓
URINALYSIS	
Bilirubin	✓
Glucose	✓
Ketones	✓
Nitrite	✓
PH	✓
Protein	✓
Red Blood Cells	✓
Urobilinogen	✓
White Blood Cells	✓
LIVER HEALTH	
Alkaline Phosphatase	✓
Alanine Aminotransferase	✓
Aspartate Transferase	✓
Gamma-glutamyl Transferase	✓
Total Bilirubin	✓
Albumin	✓
PANCREATIC HEALTH	
Pancreatic Amylase	✓
Lipase	✓
BONE HEALTH	
Alkaline Phosphatase	✓
Calcium (Adjusted)	✓
Phosphate	✓
Vitamin D	✓
Parathyroid Hormone	✓
IRON STATUS	
Ferritin	✓
Iron	✓
TIBC	✓
Transferrin	✓
Transferrin Saturation	✓

THYROID HEALTH	
Thyroid Stimulating Hormone	✓
Free Tri-iodothyronine	✓
Free Thyroxine	✓
Anti-Thyroglobulin Antibody	✓
Anti-Thyroid Peroxidase Antibody	✓
NUTRITIONAL HEALTH	
Calcium (Adjusted)	✓
Albumin	✓
Iron	✓
Vitamin D	✓
Magnesium	✓
Folic Acid	✓
Vitamin B12	✓
Total Antioxidant Status	✓
MUSCLE & JOINT HEALTH	
Creatine Kinase	✓
Uric Acid	✓
Rheumatoid Factor	✓
METABOLIC SYNDROME	
Leptin	✓
Adiponectin	✓
Resistin	✓
INFECTION & INFLAMMATION	
C-Reactive Protein	✓
Albumin	✓
Complement Component 3	✓
Complement Component 4	✓
Ferritin	✓
Immunoglobulin A	✓
Immunoglobulin G	✓
Immunoglobulin M	✓
Anti-streptolysin O	✓
DIGESTIVE HEALTH	
H. Pylori	✓
Anti-Tissue Transglutaminase Antibodies	✓
FEMALE HORMONE HEALTH	
Oestradiol	✓
Follicle Stimulating Hormone	✓
Luteinising Hormone	✓
Progesterone	✓
Prolactin	✓
Testosterone	✓
Sex Hormone Binding Globulin	✓
Free Androgen Index	✓

MALE HORMONE HEALTH	
Testosterone	✓
Sex Hormone Binding Globulin	✓
Free Androgen Index	✓
ALLERGY EVALUATION	
Immunoglobulin E	✓
TUMOUR MARKERS	
Total Prostate Specific Antigen (m)	✓
CA-125 (f)	✓



The **Independent** General Practice

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